

International conference on

AQUATIC RESOURCES OF KENYA (ARK-II)

Fact Sheet about Naivasha

Naivasha town is located in the Rift Valley Province of Kenya. The biggest attraction in is the fresh-water Lake Naivasha. The town is a stopping point for tourists on their way to Lake Naivasha, Hell's Gate National Park or Nakuru. Its geographical coordinates are 0° 43' 0" South, 36° 26' 0" East. The ARK II conference will be held at Kenya Wildlife Service Training Institute (KWSTI) in Naivasha.



How to Get There By Road

From Nairobi, there are two roads that lead to Naivasha. One branches to the left at Limuru through Mai Mahiu. This road is comparatively shorter but has heavy commercial traffic, the preferred road, A 104 through Uplands, is slightly longer in distance and is in good state. If using A104, The location of the KWSTI conference venue is off Kenyatta Avenue about 100 metres from the Nairobi-Nakuru highway.

Distance Nairobi-Naivasha: 90 km.

Weather

Short rains are expected around November (200mm –700 mm). During the day, temperature ranges from 20-30°C but may drop to 15°C at night.

Getting around

Most places of interest in Naivasha are around at the lakeshore. Taxis are available in Naivasha town. A private car is a good way to explore this region. Many hotels and Lodges organize local excursions.

Major Attractions

- Hells gate national park
- Geothermal power generation
- Longonot national park
- Flower farms
- Kariandusi pre-historic Site

Where to Stay

Apart from KWSTI facility, a wide range of accommodations options are available in Naivasha

Lake Naivasha Resort-

www.lakenaivasharesort.co.ke

Lake Naivasha Sopa Resort-

www.sopalodges.com

Ken Vash Hotel-www.kenvashhotel.com

Great Rift Valley Lodge-

www.lodges.safari.co.za

Panorama park

Read more: [Hotels in Naivasha, Kenya | eHow.com](http://www.ehow.com)

http://www.ehow.com/list_6081471_hotels-naivasha_-kenya.html#ixzz0wqyiXIRE

History

Naivasha is traditionally Maasai land. The name of the lake is a colonial misinterpretation of the original Maasai name *Nai'posha*, meaning "rough water" in reference to the afternoon storms that can produce high white capped waves across the lake.

The waters of Naivasha are a traditional watering place for Maasai herds, and today many herds can still be seen along the lakeside roads. There is a Maasai *Manyatta* within Hell's Gate National park, which can be visited by tourists. The cliffs and rock formations of Hell's Gate are considered sacred by the local Maasai. One local myth bears remarkable similarity to the Biblical story of Lot's wife

Other Advice / Information

- *Local currency:* One Kenya shilling (KES) = 100 cents. Notes are in denominations of KES 1,000, 500, 200, 100 and 50. Coins are in denominations of KES 40, 20, 10 and 5. See the International SOS website (above) and www.xe.com/ucc for currency information and exchange rates.

- *Language:* English, Kiswahili; the conference will be conducted in English

- *Telephone dialing codes:* When calling Kenya from another country, dial the country's international dialing code, followed by (254) and the number. (If you are calling Naivasha, the city code is 50.) When calling within Kenya, omit the (254). When calling another country from Kenya, dial (00), followed by the other country's country code and the number. **Please Note:** you should check with your cell phone provider to obtain any carrier-specific dialing codes you may need; many providers have dialing procedures that may differ in whole or in part from these directions.

- *Electricity:* 240 volts, UK-style three-pin plugs



- *Time zone:* GMT/UTC + 3

- *Personal funds:* The ATMs and facilities for changing money are located in Naivasha town. However, you are advised to change a sufficient amount of money into local currency at the airport in Nairobi prior to the rendezvous

- *Checking luggage:* Please note that if you will be taking an international flight that has one or more connections within the country of your destination, it will be necessary to collect any checked bags at the airport where you first arrive in the destination country. After proceeding through Customs, you will have to recheck your luggage before flying on to your final destination.

- *Tipping:* Tipping (at around 10%) is expected in the more expensive hotels and restaurants, but is not required in the cafés used by local people.

- *Smoking Ban:* On 8 July 2008 the Tobacco Control Act came into force in Kenya, prohibiting smoking in public places except for designated smoking areas. Heavy fines and/or imprisonment may be imposed on those violating the Act.